

SVY SPRING / SUMMER 2012 SHORT COURSE SWIM TEAMS -
HILLSBOROUGH HURRICANES & BRIDGEWATER BLUE DOLPHINS

In the spring/summer months SVY offers 2 competitive opportunities for our athletes to participate in. Each has its merits, but both are clearly different in focus and intensity.

The Short Course Team – The Blue Dolphins and Hurricanes are both very traditional competitive swimming settings (25 yard pool), not unlike other summer club teams, high school teams, or even to some extent our own SVY winter team. The focus of this team is to get as many swimmers in the water practicing regularly and having meets on a very consistent basis. Competition is set in a very relaxed and more level playing field. This is a great way to start a YMCA Club swimming career or to simply maintain strength and focus over the summer months to prepare for winter swimming (High School or Club). Most swimmers that try-out for the team for the first time will be directed to this program. As the short course team does not start until the end of May we also suggest that the swimmer signs-up for any of our "stroke" or "spring" clinics in April/May & August (spaces very limited). Swimmers that make it onto the summer team for the first time must try-out again in August if they wish to be accepted onto the winter SVY team. Practice begins after Memorial Day. Practice and Meet schedules can be found on the web at www.hillswimming.org (Hillsborough Hurricanes) and www.swimbluedolphins.org (Bridgewater Blue Dolphins).

The Long Course Team is based on the International / Olympic rules of swimming and is set in a 50 meter pool. The focus with this team is based almost completely around training. A swimmer might go to 3 meets the entire 3 month season. There are very limited meets to attend and swimmers must achieve qualifying standards to be considered eligible for these meets. The competition at these meets is very elite and it is not recommended for first time club swimmers. Only swimmers with a strong background in this sport are likely to be accepted onto this team. Practice and Meet schedules can be found on the web at www.svynj.org

SHORT COURSE SUMMER LEAGUE SCHEDULE 2012

HURRICANES ~Short Course Swim Team Program~ Hillsborough Y Pool

www.hillswimming.org	May 29th–June 22nd	June 25th – July 27th	Cost(+Full membership)*
Group 1 (Ages 8 & under+ new 9 year olds)	Tues, Thurs 6:30 – 7:30pm	Mon. & Tues. = 8:00 – 9:00am or 5:00 – 6:00pm Thurs. = 5:00 - 6:00pm Fri. = 8:00 – 9:00am	\$189
Group 2 (Ages 9 – 12+new 13 year olds)	Mon, Wed, Fri 6:30 – 8:00pm	Mon. Tues. = 9:00 – 10:15am or 6:00 – 7:00pm Thurs. = 6:00 - 7:00pm Fri. = 9:00 – 10:15am	\$247
Group 3 (Ages 13 & up)	Mon – Thurs 3:30 – 5:00pm	Mon. & Tues. = 9:00 – 10:45am or 6:00 – 7:30pm Thurs. = 6:00 – 7:30pm Fri. = 9:00 – 10:45am	\$271

BLUE DOLPHINS ~Short Course Swim Team Program~ RVCC & Bridgewater Y Pools

www.swimbluedolphins.org	May 29th–June 22nd RVCC	June 25th -July 27th Bridgewater	Cost(+Full membership)*
Group 1 (Ages 8 & under +new 9 year olds)	Tues, Thurs 5:45 – 6:45pm	Mon, Tues, Fri 6:00-7:00pm	\$189
Group 2 (Ages 9 – 12+new 13 year olds)	Tues, Thurs, 7:00 – 8:30pm Fri 5:30 – 7:00 pm	Mon, Tues, Fri 4:30 – 6:00pm	\$247
Group 3 (Ages 13 & up)	Tues, Thurs, 7:00 – 8:30pm Fri 5:30 – 7:00 pm	Mon, Tues, Fri 4:15 – 6:00pm	\$271

The following applies for both Hillsborough Hurricanes and Bridgewater Blue Dolphins

*In addition to team fees, a **FULL PRIVILEGE MEMBERSHIP IS REQUIRED TO PARTICIPATE.**

**A Meet Entry Fee account is required for all swimmers (\$100 PER FAMILY). The summer invitational meets and the league championship meet require an additional fee, which will be deducted from the Meet Fee account. Summer team group placement, although mostly determined by age, will be given final approval by the Head Coach, before new members can register.

*** Meets are held most every Wednesday and Saturday throughout the season both at our home pool and other site in central New Jersey.

****Summer League Swimmers that qualify and register for this program are expected to participate in the full season. **The Price will not be pro-rated or refunded based on a partial commitment due to vacations, etc.**